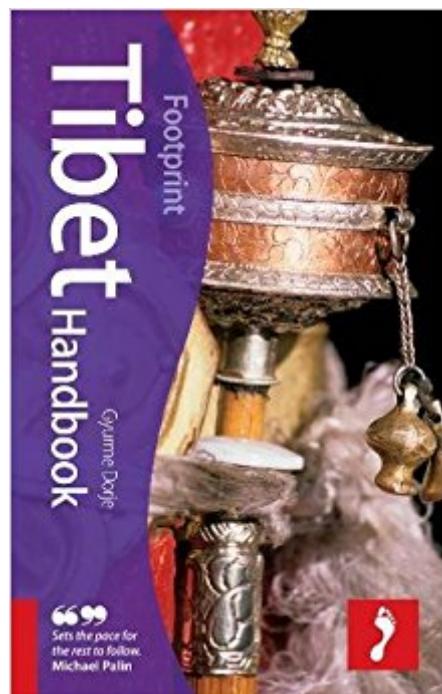


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# Tibet, 4th: Tread Your Own Path (Footprint Tibet Handbook)



## Synopsis

The only guidebook covering the whole of the Tibetan plateau, including Tibet and China. Significantly more comprehensive than any other travel guide to the country and written by a recognized expert, with a foreword by the Dalai Lama. Discover the mystical landscapes of Tibet with the 4th edition of Footprint's highly acclaimed travel guide. Fully revised and updated, this guide will help you navigate your way around this slow-paced plateau the size of Western Europe, with detailed listings of where to eat and sleep, plus comprehensive and authoritative culture and history sections. This is the ultimate guidebook for those wishing to do more than merely scratch the surface of the highest region on earth.

## Book Information

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## Customer Reviews

"The best guidebook on Tibet I have ever seen" also the most comprehensive- The Tibet Society

Gyurme Djore is one of the world's most renowned Tibetologists with numerous publications to his name, as well as being the author of previous editions of this book.

This book is an excellent guide for those traveling in Tibet. Very detailed and accurate.

This Tibet Guide book is best if you wanna explore real Tibet .I have seen it with many traveler in

Tibetan plateau.

Was great for my trip to Tibet!

Since this is written by a genuine Tibetan scholar, the information provided for the various sites throughout the Tibetan cultural region (ie not just the TAR) is outstanding. Just compare it with Lonely Planet to get a sense of how amateur their descriptions are. However, instead of detailed, well-researched info on cultural sites, LP does provide many more options for eating and sleeping. If you've booked a tour, most of this will be taken care of for you, but there is no chance that your local guide will have as much or as accurate information as provided by Gyurme Dorje. My strategy these days is to take photocopies of the LP for specific areas I'm staying, but I take Footprints Tibet with me. Also, if you are getting this book just for site information, you should know that there are very few updates between the 3rd and 4th editions. The new one is smaller and lighter, but you can save a few bucks with the older one without losing its benefits.

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